

2

May

LIGHTING THE DARK PAST

Cling to the thought that, in God's hands, the dark past is the greatest possession you have – the key to life and happiness for others. With it you can avert death and misery for them.

– ALCOHOLICS ANONYMOUS, p. 124

No longer is my past an autobiography; it is a reference book to be taken down, opened and shared. Today as I report for duty, the most wonderful picture comes through. For, though this day be dark – as some days must be – the stars will shine even brighter later. My witness that they do shine will be called for in the very near future. All my past will this day be a part of me, because it is the key, not the lock.

Liz Olivere

LO hunt that is beautiful and deep!

That's a bill Wilson Liz the founder of AA it's from the big book which is the one thing you really should read

But what do I know

Liz Olivere

LO smart ass ... i love self-help books. i will buy it and read it

May 10, 2018, 2:53 PM

'The Opposite Of Addiction Is Not Sobriety. The Opposite Of Addiction Is Connection.'
huffingtonpost.com

This is why you're doing what you're doing Hallie. It's why you are who you are. And it is why what you're doing now is the opposite of the "love" you "feel." Who is the enabler Hallie. Liz, me you your mother your father my brother parents children. Where does it end when you tell someone that accepting and loving and including someone with boundaries and safety isolates and judges and ostracized and hurts the addict in order to supposedly heal them. That is the for profit model of therapy and intervention and rehab for the last 30 years with a 1.4% success rate.

And you with 30 days of outpatient care with no accountability with no family interface are now the expert on enabling and addiction and the 12 steps which amazingly through your translation to others equals --/ I'm right it's their fault if you'd only do it my way.

You're not stupid Hallie- you're smart and have no conscience.

Now it's not just my fault it's Liz's fault -/ she's the enabler and she's addicted to it- If we hadn't invaded you life like the leeches we are like the fuckups we are and let you latch on to our fucked lives you would be just fine . Amazing Hallie. I'm I delusional to think that that is exactly what you think. You tell people that.

You just threatened your sister with the idea that coming here to straighten out the things I need help with (you will not help me) that my children will hate her.

Kathleen did the same thing to me.

Do you think by doing the same they will forgive you Hallie and you return to the status quo.

Isn't thAt exactly what you want Hallie.

To be respected in and out of family.

And you've bent all your public actions to reflect that.

Is that irrational for me to think Hallie.

Otherwise why wouldn't you say something like I promise we will talk about everything that's hurt you that you think I've done whether right or wrong. They are real and I want to either explain why or explain that it isn't real when I'm ready to.

The worse give me hope and strength that there may e a Kath forward (you don't control my sobriety). If I am crazy b/c of use then when I'm not using and realize that what's the harm. If I'm not crazy and I get clean because that's the hole I needed what's the harm.?"

The last choice is crazy or not you just won't give me the hope I need because you don't want to give me false hope.

You also don't care.

You aim to keep me crazy or apparently so b/c of use because it definitely makes your goal all the more believable.

It wasn't me it was them

I love you hunter...Click

Who can confirm your attendance Hallie to anyone at your program your tests your rNA AA attendance.

Why are you sending me picture of you at program Hallie that aren't actually from the day date and time you said you took picture

Maybe im all all wrong Hallie but help me out prove it

May 14, 2018, 10:40 AM

Liz Olivere

LO hello????? you guys alive!!!

Hallie Olivere Biden

Hi yes good! We are talking a lot.

Liz Olivere

LO okay. when should we expect you coming home?

Hallie Olivere Biden

Most likely Wednesday

Liz Olivere

LO okay. just keep me informed so i can manage family concerns

May 14, 2018, 3:47 PM

Hallie Olivere Biden

May 14, 2018, 5:29 PM

Hallie Olivere Biden

We are good. I hope golf outing went well. Are you away with Andre?

May 14, 2018, 8:15 PM

Hallie Olivere Biden

Are you home or away? Are you ok??

Liz Olivere

LO i'm home. sorry. feel asleep. and i'm good

May 15, 2018, 2:01 AM

How is Andre

Read

May 15, 2018, 5:32 AM

Liz Olivere

LO cranky

Jun 10, 2018, 2:21 PM

Liz Olivere

LO Elephant Love: Loneliness, Dating & Relationships
facebook.com

Sep 21, 2018, 4:38 PM

You started sharing location with Hallie Olivere Biden

Sep 22, 2018, 4:12 AM

You stopped sharing location with Hallie Olivere Biden

Dec 29, 2018, 2:49 AM

THE OPPOSITE OF ADDICTION

Johann Hari, a British writer and journalist, claims that the true cause of addiction is social and emotional—a lack of connection, rather than a series of chemical triggers. In a recent TED Talk, he ties together scientific experiments and drug decriminalization policies to argue that, if the "cause" of addiction is isolation, then the "cure" must be a kind of social recovery, involving not just individual addicts but a shift in the culture. He argues, Human beings have a natural and innate need to bond, and when we're happy and healthy, we'll bond and connect with each other, but if you can't do that, because you're traumatized or isolated or beaten down by life, you will bond with something that will give you some sense of relief. The motivation for his research comes from personal experience with addiction and relationships with addicts and alcoholics. As many recovering addicts know, active addiction destroys relationships, and building community — building connection — can be one of the enduring gifts of sobriety. Yet Hari argues that it is the kinder and more reasonable option to maintain relationships, when safe, with addicts and alcoholics even in the depths of their disease. Finally, he says, For 100 years now, we've been singing war songs about addicts. I think all along we should have been singing love songs to them, because the opposite of addiction is not sobriety. The opposite of addiction is connection.

Hallie Olivere Biden

You have my heart hunter. If you can get a little time sober, we will be able to connect emotionally again, I promise.

Yet Hari argues that it is the kinder and more reasonable option to maintain relationships, when safe, with addicts and alcoholics even in the depths of their disease. Finally, he says, For 100 years now, we've been singing war songs about addicts. I think all along we should have been singing love songs to them, because the opposite of addiction is not sobriety. The opposite of addiction is connection.

You didn't stay longer then 10 days away from family at any one of the 4 times you went to rehab.

Because of what I've said all along

And you have asked meet not be home barred me from being home and told everyone that its because I don't want sobriety.

Everytime ive begged you to to isolate me.

E very time you have.

And you've left me no options but yo once again go away.

It wouldn't matter a single bit if I was 30 miles away or 3000. In wouldn't seem you more than once or twice and maybe not that.

Talking on the phone with you is a torture because you have no interest in anything I find significant and important to me- my desire to finish the projects withr Phillipa, Doug Brinkley the most influential historian of his generation wants to write a book with me. My incredibly insane business experience that is truly incredible, the idea of going back ton teaching, Maisy and sports and her sexuality, my children or your children ast all, dad running for president. And best of all you will spend another 3 months not including me or telling me as single thing you and the kids do with your day.s and nights.

and you know that isolation. Is the worst thing for me and something you knew wouldn't work for you. but thats what you insist I ddi and not only that you wouldn't even drive me to the place in PA unless I went to one of the two places you know ive said ill never go back to.That's the

And you think I'm going to connect emotionally with you now that you have for the last time in my life dictated to me the thing that makes me obviously worse. The one thing that in said from the beginning will end up being the thing that keeps me trapped in a cycle of guilt and shame and feeling that im not worthy of your love the kids love my fathers love.

You say stop blaming. Well Hallie only once win the last 3 years (of which I've gotten sober 5 times 3 full programs) said I could get sober at home. And you im specifically said for 3 days DO NOT LEAVE M E ALONE GET ME XANAX AND TAKE MY KEYS AND LOVE AND SHOW AFFECTION. AND ON THE THIRD DAY WHEN YOU KNOW ILL WAKE UP AND BE HURTING YOU LEAVE ME WITH NO XANAX NO FOOD NOTHING BUT WATER TO DRINK AND THE KEYS TO MY CAR ON THE KITCHEN COUNTER. AND I EVENM CALLED YOU AND YOU DIDNT ANSWER.

Well fuck you if I cant blame you for being an utter and complete asshole at a time when you know my life RAeLLY MY ACTUAL LIFE IS ON THE LINE.

So Hallie you must stop the bullshit insincere concern and empty love lies. Telling people you care (and also saying I was making inappropriate with your daughter at the same time) is not love. Its aq lie bent on sexually g Mexico out to be a monster that you've been burdened with loving.

Im checking into a 90 day program today here on the east coast within couple hours of Wilmington. I will not be looking for you to attend family therapy with me because you've made it 100% clear that you and the kids are not my family. you say I need to earn your respect and theirs and until im sober I dint deserve your respect. You actually said and wrote that me at least 10 times over the past 8 months. And m most of those months you we're lying to the kids your family your sister about using. But somehow you deserve respect love inclusion all that time but I don't. What have you done in your life other than marrying my brother that entitles you the respect I am not. You've never included me in any of your recovery or family therapy you even told Natalie to talk about what you all talk about in therapy. Ive not had even prior warning tho a single not a single decision regarding your family since Beau died. Before that I made every awful and painful decision that you didn't want to make that Beau didn't want you to make and then told Natalie it was me that decided alone to do the experimental treatment that ended his life. she actually wrote me a text asking me why I did that why I would take those months away from her to be with her dad.

And you think a little (more time) sober (but alone disconnected) will bring me more emotional connection with you. It will not because im the only one who feels an emotional void of being alone. Ghoul always find someone to fill that void beyond the family you never had to leave the friends you lie ted too about being sober when you weren't and clearly placed all your troubles on my shoulders. The kids your parents my mother and sister etc.... Everything that ive agreed to go away from because you and Kathleen — only you and Kathleen haver insisted upon just weeks after beau died. And every time ive gone away from everything and everyone I love in accordance with your ultimatums. And in every instance every single one I've relapsed with you being the catalyst. Every single time.

Well you get your way once again Hal'lie.

Dec 29, 2018, 5:18 AM

Dads paying for 3 months. I've had my intake interview and the CEO and the director are meeting me at 2 PM. It's a Caron recommended program . 3 people I was at Caron with got sober there you're tested every single day. BUT ONCW AGAIN IT IS NOT WITH THE PEOPLE I LOVE OR LOVED UT .AIS AWAY BECAUSE YIHVE INSTITED UPON THAT. It's 3 Months because you have told me and anyone who would listen that I need long term It's closer. D more accessible to my children and dad then Caron is by far. It's much less than the \$57,000 I paid for you at Passages (\$5,700 per day) or the \$45,000 Dad paid at Caron (4500 per day you stayed). You don't ha e to help me with a dime. I had Keith reverse the charges that he could and told dad that you won't pay unless it's done exactly as you want me isolated. Don't have to call or write me send me a single text or ever have to Face Time me or send me. Single sexy naked picture of yourself from dressing rooms your bedroom bathrooms to whomever to send these pictures to.

Liz Olivere

LO hunt...

Dec 29, 2018, 7:09 AM

Yes Liz. No need for you to tell me you can't take me at the last minute.

Dec 31, 2018, 10:57 PM

What is Addiction? [Gabor Maté]
youtu.be

Jan 1, 2019, 8:33 PM

So Hallie if addiction can not be cured without "compassion true compassion from someone you love" how will I ever be cured. I I only love you. I only loved Beau. I ALWAYS GIVE YOU COMPASSION ALWAYS I ALWAYS NO MATTER HOW HORRIBLE you are to me am there to hold you when you cry to show you compassion where there is none. Are you incapable of compassion of empathy. Thats a real question not a criticism or means. Do you know what compassion means in this context. Well it is exactly the opposite of hot you give and call love and I only see love given through compassion and that is my shortcoming. But at least I recognize it and put up with it in most every other instance then this stupidity of yours.

Jan 2, 2019, 7:44 AM

I love you and I will never abandon you but I can't continue to be your punching bag. I find it impossible to not try and love you more than anyone loved you- so if you could for once just step back from your anger and resentments and guilt and fear and see how hard ive tried and how hard it is to not have you as my compassionate friend and partner that sticks with me and props me up and encourages mer with love and hope for a better future. You wether intended or not do the exact opposite and I love you anyway. I love you wether you are sober or not I respect you no matter what and I would give my life for you no matter what. Thats the only way I know how to love. Its hard to imagine dealing with all the pain ofnthe last few years and really the last 48 when what I have to look forward to going back to is my love that says - if you slip up you will get no respect - iff you fall down I will not pick you up in will take the kids form you etc.. but still I love you.

Jan 2, 2019, 4:41 PM

Hallie if your response to that video and to what I wrote above...another novel that probably no one read...is to say I don t deserve compassion until im sober and that no one should speak to me nor should I reach out to anyone for 30 days...then you are either willfully trying to convince Liz of the exact opposite that every top specialist in the world has concluded from their latest research and personal experience or you simply didn't even bother watching any of the shit I send you.

Regardless, I will comply I order to have the right to request your compliance with my direction at the end of 30 actually 37 days. I will not text email or phone either one of you nor the kids for the next 30 odd days. Ill try at least I get so lonely and frustrated and sad I break down and im weak over wanting to know how you are and if you still love or if you ever loved me. Tell Nat and Hunt in a gentle way the plan. I promise ill try my hardest so maybe best to block my #s and emails just in case on all your phones Hallie and you too Liz including Lilly. It makes me weak and want to use just thinking about it.

Finnegan severely broke her leg on Wyoming and is flying back to DC for surgery I dont know what they will allow me to do- but Hallie please just stay out of it in every way to text her write her tell the kids dont act concerned or as if you would do anything if you could. Its much like it worse for Finnegan who basically broke her knee in half and lost a chunk of her tibia. Again im not kidding stay out of it and if you even hint at disappointed or anger or self righteous bullshit and say see I know he wouldn't stay ill fucking rip your tongue from your head. Its my daughter i seriou surgery and I will be there if they allow it. I dont want to see you anywhere near the hospital or a single flower form anyone on your side of the family. Hear that loud and clear hallie you are not welcome and neither is anyone in your family that is not blood to me.

Thats the last I have to say for as long as I can stand torturing myself with the one thing that has caused the trauma and pain I drink and drug over - the fear and reality of being invisible (mommy caspy) of being abandoned Aunt Val Beau) of being isolated and not heard (YOU and MOM). The idea that that is your prescription for my well being is all the evidence anyone needs to show just how much you love me. 30 days Liz Im sorry but you dont have to be tortured by me either for awhile at least until rents due.

Jan 2, 2019, 8:53 PM

Click to Download
IMG_0236.jpeg
260KB

I've blocked both of you. You're horrible human beings - think where I'd be if this was Natalie or Lilly or Oliver or Robi or Hunter at any age

And neither of you do a thing

Jan 3, 2019, 10:48 AM

I sent this to Finnegan and Naomi read below please and help me try to convince them that for her comfort alone this is the best option

They will meet you at a private room they will meet you at the gate at the hospital it will take you in the special ambulance directly to the hospital where you will go directly to a private room you will have all the pain medication that you need in order to be comfortable you will be treated like royalty and you will get the best evaluation in the world of which this Doctor Who is the best in the world simply said to me that he was concerned about the meal fracture of the tibia and I asked him if it was his daughter what would he do and he said of course I would get the best evaluation in the world because it is just from looking at x-rays that I sent him definitely something that needs to be evaluated bye a true expert leader in their field ask Peter's parents of the opinion they Dr Helfett of NY Hospital for Specialty Surgery.

That was not meant for you want for my other idiotic selfish tormenter Kathleen